

Cleveland State University
College of Health

Associate of Applied Science in Sports and Fitness Management Pathway to Bachelor of Science in Health Sciences

SUGGESTED SEQUENCE AT LCCC	
Fall Semester	Credits
^BIOG 221: Anatomy & Physiology I	4
^ENGL 161: College Composition I	3
HLED 151: Personal Health OR HLED 152: Community Health OR HLED 156: Health and Wellness	2
HPED 165: Intro to Exercise Science	3
HPED 173: Biomechanics of Resistance Training	3
SDEV 101: Intro to the LCCC Community	1
Semester Total	16
Spring Semester	Credits